

Baked Apples

Ingredients

Crab apples or small apples

Honey [runny]

Elderberries

Method

Core and peel the apples. Make sure you make the holes big enough to fill.

Place the apples on a skillet or a saucepan.

Put some elderberries in the holes, until they are full

Drizzle honey on top of the elderberries

Put the skillet on the stove and allow the apples to cook slowly until the flesh is soft. [You might prefer to cook them on a med heat in the oven]

Serve hot with cream



