How to make ‘Fat Balls’ for garden birds using empty yoghurt pots.

You will need:

Some empty yoghurt pots
String or twine
Lard or suet
Birdseed

Instructions

Wash and dry the pots
Make a small hole in the bottom of each pot
Thread a length of string through the hole from the inside
Tie a chunky knot to secure it!
Put the fat in a saucepan with the birdseed and heat gently until melted
Allow to cool for a few minutes
Pour mixture into the yoghurt pots and put in the fridge to set
Hang from a branch or bird table and WATCH!