

How to make 'Fat Balls' for garden birds using empty yoghurt pots.

You will need:

Some empty yoghurt pots

String or twine

Lard or suet

Birdseed

Instructions

Wash and dry the pots

Make a small hole in the bottom of each pot

Thread a length of string through the hole from the inside

Tie a chunky knot to secure it!

Put the fat in a saucepan with the birdseed and heat gently until melted

Allow to cool for a few minutes

Pour mixture into the yoghurt pots and put in the fridge to set

Hang from a branch or bird table and WATCH!